

EFAL Foundation Phase

Shared Reading

Dear Principals, please provide parents with these tips on how to read a book with pictures in with their children:

- As you read point to the pictures by using actions and expressions
- Stop to explain a word or phrase.
- Ask questions pointing to the pictures:
 - What do you think is happening here?
 - How do you think this person feels? Why?
 - What do you think you will see in the next picture?

Address fears, anxiety, anger and frustration that affect your children:

- Listen to what is making them fearful or frustrated
- Calm them by providing correct information
- Tell your child it will be okay and the feeling of anxiety will pass.
- Arrange catch-ups with family and friends on a small scale and start by making smaller trips outside the home following all the rules of health and safety.