

Date: 11 September 2020

Messaging for EFAL Foundation Phase

EFAL Foundation Phase: COVID-19 MESSAGING

The focus this week is on Phonics.

Good day, School Principals, please provide parents with the following tips on how to teach sounds and words in English:

1. For example: Teaching the sound **ch** as found in words- **chop, chip, chimp, chick**
2. Explain that when we see both these letters **c & h** together, they make 1 sound, **ch**
3. Make separate cards with these sounds, like this: **ch ip**, **ch op**, **ch in**, **ch imp**, **ch ick**
4. Hold up the card and say the sound **ch**. Let your child repeat after you.
5. Now show your child how to put the sounds together to make a word
6. Show each card and say the first sound and then the next sound **ch ip** and then say the whole word **chip**
7. Let your child repeat after you. Do the same for all the sounds above in the same way

Also find some tips on helping your child follow a **healthy routine** on days when they are at home:

Morning: Getting up, having breakfast, helping with house work, then some active/ creative play/ exercises in the morning

Midday: Mealtime, play time with siblings/ friends, then some schoolwork

Afternoon: Watching a learning channel on TV, listening to radio lessons, reading

Evening: Helping to prepare a meal for supper, creative family time and going to bed.