

TEACHER AND LEARNER MOTIVATION

Teachers and learners need to be motivated especially when they are both facing challenges of completing the syllabus amid stressful environments at home and school. Make yourself available to develop meaningful and respectful relationships with them. Grow a community of teachers/learners in your school. Establish high expectations and establish clear goals. Be inspirational. Promote a growth mindset over fixed mindset. Publicly praise them. Encourage collaboration, seeking out professional development opportunities and rewarding each other. Leave room for small incentives. Provide opportunities to take breaks. Give them a voice. Empower each one's strength. Recognise key stress times.