

COVID-19 MESSAGING: PSS Support for IP, SP and FET- 20 November

Good day Principals, please provide parents with some tips to share with their children on supporting people who are in self-isolation and vulnerable.

- **Think of others:** Consider your actions and be kind. People in every community will face the challenges of COVID-19 in some way.
- **Networking:** Keep up to date, share information and be a positive part of your local community conversations.
- **Connect and reach out:** Share phone numbers with the elderly and vulnerable neighbours and stay in touch.
- **Support the elderly, sick and vulnerable people:** for those who may need additional assistance, such as pickup and delivery of medicine, basic food and other essential provisions.
- **Share accurate information:** Support anyone who may be anxious about COVID-19.
- Encourage people to follow the correct **health and safety practices**.